Katja Gloger studied Eastern European history, Political science and Slavic studies in Hamburg and Moscow. In 1989, she was sent to Moscow as a correspondent for the weekly magazine Stern. She witnessed the end of the Soviet Union, the rise of a new Russia as well as the transformation of Ukraine. Gloger interviewed Mikhail Gorbachev, Boris Yeltsin and Vladimir Putin, whom she accompanied for months as the first Western correspondent. She headed the foreign desk of Stern in Hamburg and was posted as senior political correspondent to Washington, D.C.

Honored with the prestigious Henri-Nannen-Award and named political "Journalist of the Year” she now works as a freelance journalist and book author focusing on Russia and Security Policy. Her books include Putin’s World: The New Russia, Ukraine and the West; Stranger Friends: Germans and Russians. The Story of a Fateful Relationship and the bestseller Outbreak: Insights into a Pandemic.

She is a regular guest on German radio and television, panelist and moderator of discussions on international affairs. In an honorary capacity, she is Spokesperson and Executive Member of the Board of RSF Reporters without Borders Germany. She lives in Berlin.